ALLERGENS	LLERGENS AUTUMN WINTER 2023			X CONTAINS ALLER				ENS	ASSESSE	SESSED ON 14		4/08/2023			
Week 3 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	All Day Breakfast							Х	х	Х					Х
Vegetarian	Quorn Breakfast								Х	Х					
Side															
Side															
Dessert	Pancakes				Х				х	Х					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				х										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			Х						Х					
Week 3 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Piri Piri Chicken	Celery	311011 1 1311	1 1311	- Willia	iviastara	r canats	3074	Giuteii	-883	Lupiii	IVIOIIUSES	11413	Jeasanie	Sulphul
Vegetarian	Vegetable Goulash	+													
Side	Wedges														
Side	Salad														
		+							- V	v				 	
Dessert Leghet Poteto	Chocolate & Beetroot Brownie	+				+			Х	Х					-
Jacket Potato	Jacket Potato				, , , , , , , , , , , , , , , , , , ,									<u> </u>	
Cheese	Jacket Potato & Cheese	<u> </u>			Х										<u> </u>
Beans	Jacket Potato & Beans	<u> </u>		•						.,					<u> </u>
Tuna	Jacket Potato & Tuna			Х						Х					
Week 3 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluter	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Katsu Curry								Х	Х					
Vegetarian	Quorn Katsu Curry								Х	Х					
Side	Rice														
Side	Green Beans														
Dessert	Vanilla Cheesecake				Х			MC	Х	MC					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				Х										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			Х						Х					
Week 3 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Beef				х				Х	Х					
Vegetarian	Vegetable Lasagne				х			Х	х	Х					
Side	Crispy Roast Potatoes	МС													
Side	Cabbage, Carrots & Gravy														
Dessert	Jam & Coconut Sponge	1			х				х	Х	<u> </u>			1	Х
Jacket Potato	Jacket Potato	1													
Cheese	Jacket Potato & Cheese	1			х										
Beans	Jacket Potato & Beans				- 										
Tuna	Jacket Potato & Tuna	+		Х						Х	 			1	
Week 3 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Fish Cake	Celely	J11C11 1*1311	X	INIIK	iviustatu	1 canuts	Joya	X	-გგა	Lubiii	ivioliuses	ivuts	Jeasaine	Julphul
Vegetarian	Veggie Pasty	1		^	Х				X	Х					
	Chips	1							^	^					
Vegetarian Side	Beans	+							+		-			1	
		+				1			 	v	-			-	
Dessert Leghet Poteto	Banana Cake				Х				Х	Х					-
Jacket Potato	Jacket Potato								 						-
Cheese	Jacket Potato & Cheese				Х				 						-
Beans	Jacket Potato & Beans	1		.,						.,	<u> </u>			-	
Tuna	Jacket Potato & Tuna			Х						Х					